

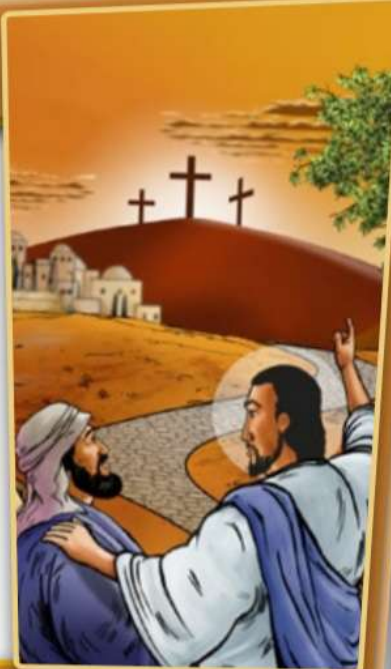
Wednesday
26th August 2020

**Good News
for Families**



1 Enjoy reading the Gospel

Jesus began to tell his disciples that he must go to Jerusalem, and that there he would suffer and be put to death, but that on the third day he would be raised up. He also said, "Those who want to be followers of mine must deny themselves, take up their cross and follow me. Those who try to save their own life will lose it, but those who lose their life for my sake will find it. What does anyone gain who wins the whole world but loses their own life? When the Son of Man comes in the glory of his Father with his angels, he will reward each person according to what they have done."



Taken from the Gospel of Sunday 30th August - Matt. 16:21-27 (the 22nd Sunday of Ordinary Time, Year A)

Which words stood out for you in this Gospel, and why? What does the picture make you think about? Enjoy exploring this Wednesday's word, which is **SELFLESS**

2

"Christ leads us to go out from ourselves more and more, to give ourselves and to serve others." Pope Francis

What will Jesus do when he returns? In this Sunday's Gospel, Jesus tells his followers how to discover the real wealth of life – on earth and in the world to come. Life in all its fullness comes from following Jesus – from being selfless. Ask your child what the word 'selfless' means to them. Who are the most selfless people that your child knows – that is, people who put others' needs first? Why did they think of those people? It may help your child if you can talk about a historical figure or someone you know who can be described as selfless. What is it like to be in the company of a selfless person?

3

Selfless people make the world a much better place.

Being 'selfless' is the opposite of being 'selfish'. It is about being very aware of others' needs or interests, and putting them before your own. The happiest people on earth are actually those who selflessly serve others. As a family, talk about how you can selflessly follow Jesus and serve others in this coming week, even in little ways. Perhaps you can: give extra help to your family around the house; give time or money where needed; resist pushing in and let others go first instead; be more generous in sharing with brothers, sisters and friends.



Dear Lord Jesus, please help us to be **selfless** – to use our lives to serve you and each other, even when that seems difficult. Amen.

Write a promise and then **draw** a big smile on Smiley

This week I will try my best to ...

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